

The National Extension Relationship and Marriage Education Model: Core Teaching Concepts for Relationship and Marriage Enrichment Programming

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Publication HDFS-E-157 published on November 1, 2023

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With both the demand and the need for broader offerings of Relationship and Marriage Enrichment, a large number of programs have been developed, presenting somewhat of a dilemma for practitioners who are interested in providing effective programming that is research-informed. Based on an extensive review of the research, this model presents key patterns of thinking and behaviors associated with healthy, stable couple relationships that can be taught in an educational setting.

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